

OBC LCM 2026: Session: 5: COACH evaluation sheet for TEAM: TIME

Coachinfo: Warming up from: 07:30 untill 08:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Vansteenkiste Xavier

Coaches: Herreman Kurt

Coaches: Druwel Leander

Coaches: Van Quaethem David HEADCOACH

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 36: 100M BACKSTROKE MEN							Heat:5, starttime: 10:43		
Heat: 5/8 Lane : 4 Athlete: VANSTEENKISTE VICTOR							Q-time: 01:02:64		
PB (50m pool): 01:02.64 Antwerpen 08/03/2026				PB (25m pool): 01:03.69SB: 01:02.64 Antwerpen 08/03/2026					
	5 0 M		1 0 0 M						
PB	00:30.75		01:02.64						
	00:30.75		00:31.89						
									

Coach feedback:

Event number: 38: 200M MEDLEY MEN					Heat:5, starttime: 11:14	
Heat: 5/5 Lane : 1 Athlete: PATTYN LOWIE					Q-time: 02:15:29	
PB (50m pool): 02:15.29 Antwerpen 22/03/2026			PB (25m pool): 02:15.86SB: 02:15.29 Antwerpen 22/03/2026			
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M		
PB	00:28.53	01:04.12	01:45.00	02:15.29		
	00:28.53	00:35.59	00:40.88	00:30.29		
						

Coach feedback: